



# WELCOME MAT OPEN 2010 JUDO TOURNAMENT AND CLINIC

**April 17-18, 2010**

USA Judo/WJI Sanction WJI-10-002

**Fond du Lac, Wisconsin**

<b>LOCATIONS</b>	<p>Competition – Saturday – Riverside Gym – 382 Linden Street – Fond du Lac, Wisconsin          Kata Clinic – Sunday – Welcome Mat Dojo – 31 E. Follett – Fond du Lac, Wisconsin</p>
<b>SCHEDULE OF EVENTS</b>	<p><b>SATURDAY – COMPETITION</b>          8:00a – 9:30a <b>Junior</b> Registration and Weigh-Ins          8:00a – 10:00a <b>Senior/Master</b> Registration and Weigh-Ins  <b>ABSOLUTELY NO JUNIOR WEIGH-INS ACCEPTED AFTER 9:30</b>          10:00a -- 11:00a <b>Referee Meeting</b> coaches, players, parents welcome          10:00a <b>Kata Competition, Kata Demonstration and Explanation</b> to Follow.          11:00a Opening Ceremony, Junior Competition begins. Seniors and Masters will follow.</p> <p><b>SUNDAY – KATA CLINIC</b>          8:30a – 9:00a Registration          9:00a – 12:00p Kata Clinic conducted by Eiko Shepherd</p>
<b>ENTRY FEES</b>  <i>Register early And save!</i>	<p><b>HELP US BY REGISTERING ON LINE AT: <a href="http://www.judofdl.com/open2010">http://www.judofdl.com/open2010</a></b>  <b><u>KATA CLINIC</u></b>  <b>\$25 per person, \$15 if registered for any competition. Please pre-register. Pay at door.</b>  <b><u>KATA COMPETITION</u></b>  <b>\$30 for each kata a team is registered for. Register at the door.</b>  <b><u>SHIAI</u></b>  <b>\$30 BY MAIL.</b> Payment must accompany entry form and be postmarked by April 11, 2010.          Mail to: Welcome Mat Open, c/o Michael Blakeslee / 94 Bryn Mawr Circle / Fond du Lac, WI 54935. Checks payable to: Welcome Mat  <b>\$30 REGISTER ON LINE</b> by 11:59PM April 11, 2010. Pay at the door.  <b>\$40 REGISTER ON LINE</b> by 8 PM April 16, 2010. Pay at the door.  <b>\$50 REGISTER AT THE TOURNAMENT SITE</b>  <b>\$10 FOR EACH ADDITIONAL DIVISION PER COMPETITOR</b>          Proof of valid national membership must be presented by all participants – NO EXCEPTIONS          USA Judo, USJF, USJA memberships available ONLINE or at tournament.</p>
<b>COMPETITION</b>	<p>2 regulation judo mats. Round robin for divisions of 5 or fewer competitors. True Double Elimination pools for division of 6 or more. Match length: 3 minutes for Juniors and Masters. 5 minutes for Senior divisions. Mixed Gender Pools allowed only for ages 10 and under. Chokes allowed for ages 13 and up. Armlocks allowed in all Senior and Master divisions. Golden Score will apply. Medals will be awarded for 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> places at the completion of divisions.</p>
<b>CONTACTS</b>	<p>Tournament Director: Mark Frankel <a href="mailto:mfran5@charter.net">mfran5@charter.net</a> (920)251-0737          Head Referee: David Malek          Registration and Pools: Michael Blakeslee <a href="mailto:mcbreply@mcb-us.com">mcbreply@mcb-us.com</a> (920)960-7344          Medical Services: Barb Theisen, EMT</p> <p>Concessions and Judo Merchandise will be available at the tournament site.</p>

Tournament information available [www.judofdl.com](http://www.judofdl.com)

**THIS IS AN OPEN TOURNAMENT – DIVISIONS WILL NOT BE BASED ON BELT RANK**

## **JUNIOR SHIAI DIVISIONS**

Each age division will be divided into weight groupings as determined by entries. Our goal is to keep Junior divisions within 10% of the lowest weight. Because of USA Judo insurance requirements, mixed gender pools will only be allowed for ages 10 and under. With permission of parents and coach, 10 and under Girls may request to play in a Boys pool, but not vice-versa.

### **Age Divisions**

Girls	8 and under		9 - 10	11 - 12	13 - 14	15 - 16
Boys	6 and under	7 - 8	9 - 10	11 - 12	13 - 14	15 - 16

## **SENIOR SHIAI DIVISIONS**

**Women:** Weight divisions will be determined by entries.

**Men:** Weight divisions as listed below (in pounds).

132	145	161	178	198	220	+ 220
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## **MASTER SHIAI DIVISIONS**

**Ages 30 and over:** Divisions: 30 – 44 / 45 and over, if sufficient entries. Weight divisions will be determined by entries.

**Tournament Director reserves the right to adjust any division to ensure fair and safe competition.**

## **KATA DIVISIONS**

There will be 3 divisions in each of the 4 katas listed below. Participants may choose to do an entire kata or a portion of it based on their level of expertise. The Welcome Mat would like to encourage more judoka to participate through this facet of competition. Judo Kata is recognized as a part of Pan American Judo competition.

	<b>Novice</b>	<b>Intermediate</b>	<b>Advanced</b>
<b>NAGE NO KATA</b>	First 3 techniques, Te Waza	First 9 techniques, Te Waza, Koshi Waza, Ashi Waza	Entire Kata
<b>KATAME NO KATA</b>	Osaekomi Waza	Osaikomi Waza and Shime Waza	Entire Kata
<b>JU NO KATA</b>	First 5 techniques, Tsuki Dashi through Ago Oshi	First 10 techniques, Tsuki Dashi through Katate Age	Entire Kata
<b>GOSHIN JITSU</b>	First 7 techniques, Ryote Dori through Kahae Dori	First 15 techniques, Ryote Dori through Nanamezuki	Entire Kata

## **ACCOMODATIONS**

Please ask for the Judo Rate at the Holiday Inn and Holidome  
 Call 1-800-HOLIDAY or 920-923-1440. [www.wiscohoteles.com](http://www.wiscohoteles.com)  
 Intersection of Hwy 151 and Hwy 41  
 Reservations must be made by March 31st, 2010  
 Breakfast included / pool / hot tub / restaurant / bar / spacious rooms



More Lodging and Restaurant information available at [www.fdl.com](http://www.fdl.com) or 1-800-937-9123